



Choreography: Promises
Style: Phrased, 2 Walls
Parts/Counts: Ax32 – Bx32 – Bridge x 32 – Final
Sequence: A-A-A-B-B-B-A-A-B-B-B-Bridge-B-B-Final
Level: Intermediate
Choreographer: Anna Taroni (Crazy Bulls)
Song: Dishonest (Annika Catharina)

Video Tutorial: [Coming soon](#)

PART A (32 counts)

Section 1: R rock step fwd, R step back, hold, L rock step back, L step fwd, R hook

1-2: rock step right forward, recover left

3-4: step right back, hold

5-6: rock step left back, recover right

7-8: step left forward, hook right behind left

Section 2: R step-lock-step back, hold, L (slow) coaster step, R stomp up

1-2: step right back, lock left over right

3-4: step right back, hold

5-6: step left back, step right beside left

7-8: step left forward, stomp up right beside left

Section 3: R Monterey ¼ turn x2

1-2: point right to right, close right beside left making ¼ turn to right

3-4: point left to left, together

5-6: point right to right, close right beside left making ¼ turn to right

7-8: point left to left, together





Section 4: R point, R toe fwd, R point, R hook, R rock back, R stomp up x2

1-2: point right to right, touch right toe forward

3-4: point right to right, hook right beside left

5-6: rock back on right, recover left

7-8: stomp up right twice beside left

PART B (32 counts)

Section 1: R kick-ball-cross, R rock step, R kick, R stomp fwd, R swivel

1&2: kick right forward, step right beside left, cross left over right

3-4: rock step right to right, recover left

5-6: kick right forward, stomp right forward

7-8: swivel both heels to right, back to center

Section 2: R swivel $\frac{1}{4}$ turn, L hook, L weave L rock step $\frac{1}{4}$ turn to right

1-2: swivel both heels to right making $\frac{1}{4}$ turn to left, hook left behind right

3-4: step left to left, cross right behind left

5-6: step left to left, cross right over left

7-8: rock step left to left, recover right making $\frac{1}{4}$ turn to right

Section 3: L-R toe strut, L step-pivot-step $\frac{1}{2}$ turn, R scuff

1-2: touch left toe forward, drop heel

3-4: touch right toe forward, drop heel

5-6: step left forward, $\frac{1}{2}$ turn to right

7-8: step left forward, scuff right beside left



**Section 4:** R jazz box, R stomp fwd, hold, R swivel

1-2: cross right over left, step left back

3-4: step right beside left, step left forward

5-6: stomp right forward, hold

7-8: swivel both heels to right, back to center

BRIDGE (32 counts)**Section 1:** R step fwd, L slide, hold x6

1-2: step right forward, slide left towards right

3-4-5-6-7-8: hold

Section 2: L step back, R slide, hold x6

1-2: step left back, slide right towards left

3-4-5-6-7-8: hold

Section 3: R step ½ turn, L slide, hold x6

1-2: step right to right making ½ turn to left, slide left towards right

3-4-5-6-7-8: hold

Section 4: L step, R slide, hold x2, R stomp, hold, L stomp, hold

1-2: step left to left, slide right towards left

3-4: hold

5-6: stomp right, hold

7-8: stomp left, hold





FINAL

Dance Section 1, 2 and 3 of Part A, then cross right behind left, unwind $\frac{1}{2}$ turn to right